


ROASTED PEACH, BASIL & BUFFALO MOZZARELLA SALAD

 GF, RSF, VEG

 1 hr (15 mins if not roasting peaches)

 6-8



Ingredients

- 4 large handfuls rocket
- 5 large peaches
- 250g buffalo mozzarella
- 1 small bunch basil
- ¼ cup pumpkin seeds (pepitas)
- ¼ cup sunflower seeds
- 1 tbs black sesame seeds
- 2 tbs olive oil
- ¾ cup balsamic vinegar
- Sea salt



Method

1. Slice the peaches into quarters and place them onto a paper lined baking tray.
2. Drizzle the peaches with a little balsamic, then place them into the oven for about 1 hour at 180 degrees celsius (if you are tight on time you could use fresh peaches instead of roasting them).
3. Once cooked, remove the peaches from the oven and set aside to cool until warm.
4. In a small pot, simmer the balsamic vinegar for 10-15 minutes until reduced.
5. Toast the seeds in a pan with a pinch of salt until lightly browned, remove from the pan and set aside.
6. Place the rocket into a large serving bowl, add olive oil and mix through with your hands.
7. Tear the basil leaves up and add them to the rocket.
8. Add the warm peaches, buffalo mozzarella and sprinkle the toasted seeds.
9. Pour over the balsamic reduction and serve.

GATHER & FEAST

Discover more great recipes, resources and styling tips by visiting:

www.gatherandfeast.com ↗

© Gather & Feast. All Rights Reserved
